

MUNKEY BIZ

ISSUE #12



Content

01

PAGE 06

Happy Munkey Podcast

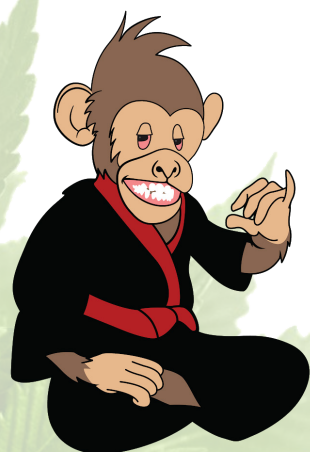
Tune in every Monday at 4:20PM EST for the latest episodes of the Happy Munkey Podcast! This month Vlad & Ramon have many illustrious guests you don't want to miss.

02

PAGE 10

Strain Of The Month

The start of a new month means new "Strain Of The Month!"



03

PAGE 18

#CurvyCannabis

Tune in and learn about #CurvyCannabis, a revolutionary cannabis positive virtual summit centering on fat bodies.

04

PAGE 24

Latinxs En Cannabis

Check in with us as highlight some extraordinaire Latinx individuals moving & shaking in the cannabis industry!

05

PAGE 30

Munkey Talk With Gia Morón

Sit down with us as we kick it with President of Women Grow & Latina Boss Lady Gia Morón!

06

PAGE 34

Kicks 4 Da Kulture

This month we take a look at the 420 inspired kicks that we are most grateful for this holiday season!

07

PAGE 40

Supporting POC Cannabis Brands

Head over and check out this dope list of POC run cannabis brands, put together by our friends over at BudsFeed!

08

PAGE 48

Blunt Walk With Rafael

Spark a blunt and take a stroll with Happy Munkey's Rafael as he hits his old stomping grounds of "Hungry Ham"!

Note From The Editor

High Happy Munkey Fam & Happy November!

We are in the final stretch of 2020! I know it felt like this time of year would never come but finally Holiday Season is upon us! Amidst the chaos of the General Election and Covid spikes definitely do yourself a favor this month and make sure to spark one and find some time to Choose Happy!

This month we jump right into it with a look at this month's upcoming Happy Munkey podcasts guests, we then check in with Stu Zakim for the last installment of Happy CannaDate before the general election, next we get steezy with Jose Rozay and this month's "Kicks 4 The Kulture", in the election spirit we check in with Spicy for a Munkey Movies review of the cult classic "Idiocracy", lastly we end the November issue with a Blunt Walk with Rafael through our original stomping grounds of Harlem NYC, and so much much more!! In addition to all the amazing written pieces submitted, As you flip through the pages definitely enjoy the amazing art spreads and new Happy Munkey clothing shots!

Heads up to any all fans of Munkey Biz! Next month is Munkey Biz's 1 year anniversary issue and to celebrate we will be printing 420 copies of the extra special to commemorate Munkey Biz's 1 year birthday! As a reward for reading this far, please send me an email at David@happymunkey.com and reach out so we can send you a copy next month!

Until next month, please Vote, wear a mask, stay elevated, and keep choosing Happy!

Much Love,

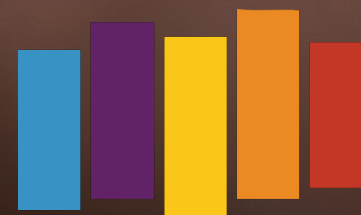
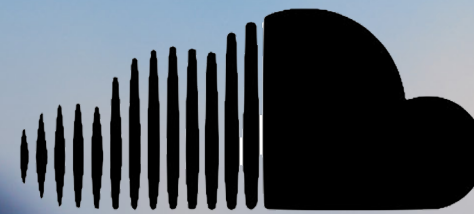
David



THE HAPPY MUNKEY PODCAST



WWW.HAPPYMUNKEY.COM



Check out the latest episodes of the Happy Munkie Podcast every Monday at 4:20 PM EST! This month on the Boulevard Ramon and Vlad touch base with super-woman and President of Women Grow Gia Moron, Billionaire and Presidential candidate Brock Pierce, LES Legend Adriel Ortiz, and many more! So spark a joint and enjoy, you never know who you will see on the next Happy Munkie Podcast!



CANNABINOID OF THE MONTH

CBG

What is CBG?

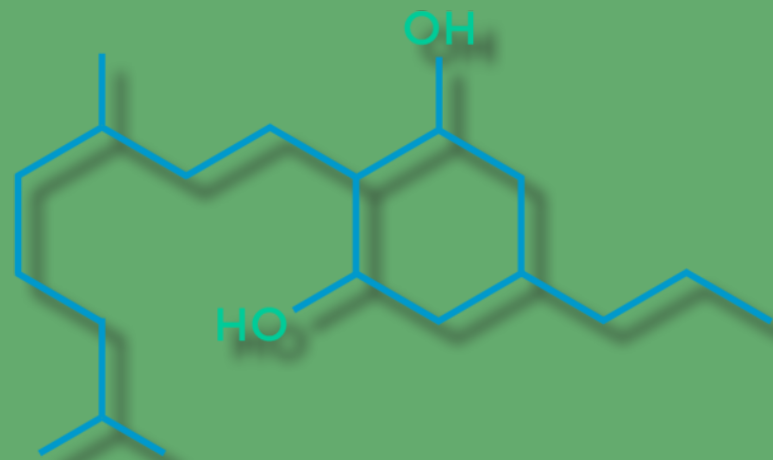
Cannabigerol, or CBG, is a non-psychoactive cannabinoid. Like THC, CBG reacts with the cannabinoid receptors in the brain. CBG, however, acts as a buffer to the psychoactivity of THC by working to alleviate the paranoia sometimes caused by higher levels of THC.

Potential Medical Value

The pharmacological effects of CBG can be described anti-fungal, anti-insect and anti-inflammatory activity; neuroprotective activity; stimulation of appetite, and enhancement of the death process of cancer cells

Also found in...

CBG is most typically abundant in low-THC and high-CBD cannabis strains, in the last few years more growers have turned towards growing CBG heavy strains, from producing crops with CBD and THC yields.



CALL OUR HAPPY
MUNKEY HOTLINE AND
LEAVE US A VOICEMAIL

YOU COULD BE FEATURED IN OUR NEXT PODCAST!

(347) 770-1929

HAPPYMUNKEY



BANANA MILK

Welcome Back Happy Munkey Fam! This month we got a super special treat from our friends and Happy Munkey family Cryocure over in Michigan! The strain of the month of November is none other than the magical and ever so amazing Banana Milk! This past October the Happy Munkey Crew had the pleasure of spending 7 days in the Dirty Mitten, and during our time we got to check in with the Cryocure team down in Adrian, MI near the Ohio border. We made the trip to their ranch were greeted with the smell of dank buds the second the ranch doors opened. After lacing both Greg and Tracy up with our New Happy Munkey gear, we got right down to the Munkey Business. From Dabs to the exotic flower, Cryocure does not play any games! So when Greg pulled out the Banana Milk, I knew I was in for something special!

This Banana Milk is a phenomenal cross of a Banana Mac male with Lemoncello female, F1 pheno hunted by @FlowerFactoryFarms. The buds are hefty light green nuggets completely dusted in bright orange trichomes hugged by healthy purples! At first I compared the smell to a tropicana cookies, but after I broke a nug between my fingers and a sharp sour citrus smell shot up my nose on the front end, followed by a sweet creamy Mac 1 aroma on the back end. The taste while smoking the Banana Milk is spectacular, with notes of lemon, sweet Mac, and even a little petrol gas, all coming through on the inhale. Only a few puffs in and I could quickly start to feel my body and mind drift because not only are the genetics A1, but Greg is a masterful grower. As I faced a joint of the banana milk in Greg's kitchen I could see the wet ring of resin leading the ember down the joint, visually confirming the next level smoke I was enjoying. By the time the joint was just about finished I saw Greg walk in with a pyrex filled with THCa diamonds, and I knew my day at the ranch had just begun... All in all the Banana Milk is A1 smoke and if you are lucky enough to ever get your hands on some, definitely do not hesitate to pick up this bad boy!



MONTHLY ACCOUNTING & TAX ADVICE



by MCA ACCOUNTING SOLUTIONS MYCANNABISACCOUNTANT.COM

Tax Planning and Why It's Important?

While April is still several months away, the end of the year is fast approaching, which means it's time to start thinking about tax planning. For hemp and cannabis businesses, tax time can be incredibly stressful. Filing taxes can be a chore for any business, but it can be exceptionally challenging for those in these industries. Planning now can help save you a massive headache, especially if you have the right help.

Understanding a Little About 280E

One of the biggest issues come tax time for your business is IRS code 280E. Based on this code, cannabis companies can't deduct normal business expenses – they can only deduct the cost of goods sold (COGS). As such, you have a much higher tax burden than many others. There are also many other regulations you need to follow to stay compliant and maintain your license.

Hemp, on the other hand, is no longer a federally controlled substance. As such, the limitations of 280E don't apply. Hemp businesses still need to adhere to strict regulations, including those related to bookkeeping and taxes.

The Importance of Tax Planning Now

Why start tax planning now, before the end of the year? For one thing, the sooner you get started, the easier tax time will be. Putting off your tax planning adds more work to your pile later.

By giving yourself the time, however, you can reconcile discrepancies before it is crunch time. You will save yourself a significant headache and unnecessary stress by taking the steps to ensure your compliance with state and federal regulations.

Tips for Tax Planning Success

Let's face it: Taxes for hemp and cannabis businesses are complex. They may even be downright frustrating. Fortunately, there are things you can do to limit your stress and ensure you file your taxes correctly and on time...

Close Out Your Books

Before you begin tax planning, reconcile your books for the year and close them out. Any incomplete or inaccurate information can have major consequences come tax time. It can also create complexity and cause delays.

Justify Your Numbers

Audits of cannabis businesses can happen at any time. Instead of waiting for one to happen, act like it's a certainty. Have accurate records and keep them on file, just in case. The cannabis industry is cash-heavy, which means you do have to put in some extra effort, but having accurate proof that your numbers are correct can help you to avoid problems.

Consult a Professional Cannabis Accountant

Again, regulations for cannabis and hemp businesses are incredibly complex. To ensure that your books are accurate, and you have everything you need for tax time – and for compliance – consider consulting with a cannabis accountant. Having an experienced professional on your side will help to ensure you have everything in order when it is time to file.

Start Your Tax Planning Now

The end of the year will be here before you know it, which means tax time will be right around the corner. If you start planning now, you will be ahead of the curve, making tax filing at least a bit more bearable.

Cannascopes



LIBRA: Blucifer

It seems that you may need to do some cleansing to add more balance to life. This can be from throwing things out, cleaning or rearranging your home/office, to who you keep around you, to even the things you have held on to believing about yourself or letting go of grudges. Just as you want others at peace, you owe it to yourself 1st and always.

SCORPIO: Ecto Cooler

Happy Birthday, my deep-thinking souls. It's time to be present for yourself 1st, especially after the many storms you have had to face. In order to grow you have to be ok with letting go of things/people that hold you back the same way a scorpion painfully outgrows and sheds its shell every so often. Letting go is never easy, but it is always so rewarding and it leaves you wishing you had done so way sooner. The Phoenix always rises from the ashes.



SAGITTARIUS: White Knight

Becoming the pioneer of your life lets you set the stage for authentic achievements to enter. Work on yourself on all levels when possible. Start small if need be, but just start. The universe will reciprocate the same energy you're choosing to lead your life with.

CAPRICORN: Blueberry Yum Yum

Luck seems to have taken a vacation and it is heading back your way. you shall feel a sigh of relief and will be more at peace. Just make sure once it does, you take time to really enjoy it before you take on any more tasks.



AQUARIUS: Panda OG

Pay close attention to your daily routines/habits. How can you either improve them or when will you just start? Your physical and mental health is asking for your nurturing attention. It is more than OK to take care of oneself 1st.

PISCES: OCD

This is the perfect time to take risks with people or things that can assist you on the creative side. You already know that when your heart is in it, your mind is activated to a motivational level. It is at this level where you discover all that you can truly be capable of doing and becoming, joyously.



November 2020



ARIES: Catfish

One of the quickest ways to manifest things is to talk about it in the present tense. Speaking of it like you already have it proves to the universe that you believe in it. So much that you shall not worry, nor have any doubts, because you know those blessings are heading your way.

TAURUS: Treasure Island

Sometimes we get so caught up in the little details that we forget to take a step back. Re-examining the bigger picture for adjustments, or simply to admire your progress of work, helps you reset a bit just so you can dive back into working hard.



GEMINI: Malawi

It is time for you to catapult your behind out of your comfort zone. It is good to be cautious, but great discoveries come from taking risks, going into the unknown, and even diving deep within your soul. Make those plans or decisions. Your time is NOW!

CANCER: Hurricane

Avoid negativity at all cost, whether it's coming from others or possibly even yourself. Just be mindful how you react when it cannot be avoided. Also, self-doubt is a negative energy to have lingering around you. It will rub off unto others. So, like I said before...AT ALL COSTS!



LEO: Moose and Lobsta

Allow yourself to loosen up when it comes to control. It shall allow you to release tension and also to receive blessings quicker. It's one thing to have things in order, it's another to obsess or have them consume you to the point that it affects your

VIRGO: Aurora Indica

Inner peace has to be found and worked on. As an earth sign you have the advantage of easily digging deep into the roots of your life. How shall you work and nourish those roots that lead to your soul and affect your mental state? Once you do, you will be left feeling rejuvenated and having the peace you have been desiring for a while.



CHEF SEBASTIAN CAROSI PRESENTS:

CANNABIS CALDO VERDE

Having a family that immigrated from Italy in the mid 1900’s. My grandparents brought with them a rich appreciation for their Italian culture, especially the food. Although I grew up preferring a diet of lo Mein, Pan Sit, Lumpia, fried plantainos and double cheeseburgers (let’s be honest now). That is probably a big reason why my childhood heroes were not those wearing bright blue spandex tights or flying through the air to rescue falling kittens. Instead I was content to admire my neighborhood gangsters. And by gangsters, I mean that stereotypical gangster we all watch movies and documentaries about today.

My heroes could command any room with just their presence. Whether in my neighborhood donut shop, a court of law, or seated next to me at my favorite neighborhood eatery; there surrounded them an air of respect and deference. You saw them everywhere because they were and still are a part of your community. In my neighborhood I knew most of them and their families by name. They were my neighbors... the kids I played with. And deep down they were all more kindhearted and giving than most of the teenaged high school girls operating on social media these days. The most important part of this culture, in my eyes at least, was the diversity in the neighborhoods I lived in. People from every ethnic group were celebrated (and sometimes hounded) for their family’s particular favorite recipe. Back then, food seemed to bring everyone together, whether at the table or in the park. Through my eyes, and maybe my eyes only, these Italian immigrants were the most interesting men of honor to me. I saw most of them as a sort of Robin Hoods of Sherwood Forest... but in the urban jungle of Providence, Rhode Island. Some ruled through fear but most never had to, their presence was felt. It wasn’t until I sat paying my debt to society for plants and paper, I began to realize how much these things influenced me growing up. For days, months, years, I sat in a cell and wondered how I would cope with the shame of being incarcerated, labeled an ex-con forever... for plants and paper. As it can be, my thoughts were worse than the reality of the situation. When Martha Stewart went to the joint for insider trading, I decided to let go of my thoughts about how my cannabis consumption could affect my career and of returning to the penitentiary for possession of an agricultural crop. I stopped letting the fear of losing the 82,000 a year executive chef gig at some hoity toity inn, visited by Washington DC socialites, dictate my decisions. I took a moment to admire again, those “made men” of Providence and their complete and utter appreciation for the culinary treasures and delights of other countries and cultures and decided to live it.

When I lived up on Federal Hill better known as “The Hill” in Providence it was a daily habit of mine to grab my morning sfoggiell and espresso at the café at the corner of ... and ... across from de pascually square. Going out of their way daily to either send ther under bosses or copos to get Chinese..., Thai... Iranian..., Vietnamese..., Laotian..., Russian..., Dominican..., Puerto Rican..., Cape Verdean..., Haitian..., and of course American chee-seburgers and apple pie. One day I was asked to make soup for a certain unnamed underboss of the most well know organized crime family between New York City and Bean Town. He wanted to open a Portugese joint. Trust already established because my grandmother worked for this gangster’s father. She ran his laundry business and was also his trucking companies’ office manager for 20+ years. He had eaten my food on several occasions. I was super “fanboy” happy when the servers would come tell me of his nightly arrival at the Blue Grotto where I was the sous chef at the time. I truly felt that connection with him, with my community and to the food culture through this Italian mentor of mine. It was that respect for another culture that I was drawn to. We need this more than ever these days, so take some time to explore another culture and get to know their food, their art, their language, and even their countries geography. But most of all, get to know them as people, as your neighbor. And let’s not forget how much that particular organized crime underboss enjoyed this caldo verde soup I made him in the back of that Italian social club, up on Federal Hill in Providence, RI back in the mid 90’s. That soup making experience helped forge my culinary career and it’s diverse range of cuisines and depth of ethnic cooking knowledge. With the current political climate and surmounting injustices playing out before our eyes, it’s definitely the time to celebrate the diverse cultures that make up every city in this country. Try starting with a warm of this caldo verde and a big as piece of crusty artisan bread and maybe offer your neighbor a bowl. Some day you may need one offered to you. Even though back then I didn’t have the abilities to add the fresh cannabis leaves please enjoy this updated version.

-Chef Sebastian Carosi “The Short Order Cannabis Revolutionary

CANNABIS CALDO VERDE



Provisions Needed

- | | |
|--|--------------------------------------|
| 1 medium sweet onion | 1 tsp fresh cracked black pepper |
| 9 cloves garlic crushed | 6 tbsp cannabis infused olive oil |
| 5 medium cooked white potatoes (medium diced)r | ½ tsp red pepper chili flakes |
| 1½ quarts blonde chicken stock | 1 lb organic kale Rinse & Chopped |
| 1½ -2 quarts wate | ¼ lb fresh young cannabis fan leaves |
| 1 lb linguisa sausage | |
| 3 tsp jacobsen sea salt flakes | |

Prep time:
15 minutes

Yield: 4-6
Servings

Total thc/cbd:
depends on
potency of
product

Cook Time:
30 Min

Equipment:

Cutting
Board,
Chef’s Knife,
Handheld
Immersion
Blender,
Medium Stock
Pot, Large
Spoon, Ladle,
Bowls

Recipie

-In saucepan add 3 tablespoons cannabis oil, sweat onion & garlic over low heat for 4-5 minutes then add potatoes and cook and additional 4-6 minutes stirring occasionally.

-Add the water, stock, salt & pepper, chili flakes and bring to a boil, lower to a simmer for 20 minutes.

-In a separate pan cook sausage until it has released some of its fat (about 8 minutes), drain and set aside.

-To the stock and potato pot mixture add one big handful of kale and slightly pureé the soup with a handheld immersion blender.

-Do not puree the soup all the way.

-Add the browned sausage rounds to the soup and simmer an additional 5 minutes.

-Stir in the remaining finely chopped kale, cannabis leaves, and cannabis oil into the soup, simmer about 3 minutes or until the greens are tender but still bright vibrant green.

-Remove the pot from the heat.

-Adjust the salt and pepper to taste.

-Serve soup warm in a bowl with a soup spoon and a crusty chunk of artisan bread.





Cannabis based wellness is not new. For centuries communities have benefitted from the medicinal properties of Marijuana and today, there is an entire industry centered on holistic wellness that taps into the endocannabinoid system. Despite this knowledge, there is a social stigma regarding cannabis consumption and patient treatment.

In 2019, #CurvyCannabis convened plus-size patients and cannabis consumers to connect, learn and consume cannabis in a body-positive and affirmative environment. The purpose, to connect women through cannabis and destigmatize its



use through education. It was an exploratory event that led to positive outcomes for all participants. Invited to the session were social consumers who enjoy the euphoric effects of the plant and patients that use cannabis to treat pain, increase mobility, and recover from trauma. This session took place in Detroit, MI where adult-use is legal.

Though social consumption and education were core to #CurvyCannabis, the purpose of the session was to connect. During the conversation participants, all women, shared stories of shame regarding their bodies, fear regarding their goals, and stigma regarding

their goals, and stigma regarding their cannabis use. As the dialogue progressed, it was clear that the participants were experiencing healing through their storytelling and felt less alone in their struggles.

One activity used to facilitate this dialogue was floral therapy and intention setting. Using florals and foliage provided by Fresh Cut Detroit, participants created floral arrangements, and laughed that so few of them had seen the marijuana plant up close. In addition to creating arrangements, participants set intentions. They took risks with each other and were vulnerable with their feelings. Kenya, a radio personality and cannabis consumer, shared that she has aspirations of becoming a model and that #CurvyCannabis made her feel more comfortable with being herself. She was used to being judged for cannabis consumption but sharing space with other professionals and patients made her feel safe and less judged.



#CurvyCannabis is a testament to the need for more social consumption opportunities that normalize the medicinal properties of cannabis and forge genuine connections between patients and consumers. Though medicinal marijuana has been legalized in some states, the stigma around consumption can be isolating for patients.

And that is what made #CurvyCannabis so powerful! It brought together 10 strangers and gave them the opportunity to connect through their “feminine energy and sexiness for peace and comradery” as described by the participant, Ryan. The participants felt more connected to a greater community, empowered in their own skin and more educated on cannabis...sentiments all patients should have access to.

This year's #CurvyCannabis takes place virtually to expand the opportunity across the country. To learn more sign up at bit.ly/CurvyCannabis.

We look forward to vibing with you!

In love always,

Jess + Heather of @LOUD.social





The Happy CannaDate:

FINALLY, THE ELECTION IS HERE

By Stu Zakim

As I sit here on the day of the final – after 12 Democratic and that joke of a first Presidential debate – chance that voters are going to be able to hear directly from the cannadates, I am suffering from political fatigue; this campaign has been going on for over four years and I don't know about you, I'm fried.

Yes, this is the most important election of our lifetimes, whether it's your first or the 10th time, casting your vote for President is not only our right, it's our duty, so that we are represented by people whose core beliefs sync up with ours. For me, the most important campaign platform affecting my choice in supporting a cannadate was their position on all the issues that we, the Happy Munkey family, take seriously and are priorities like expungement, social equity, social justice and of course, legalization.

Let's be clear. Joe Biden is not my top choice and he seems to have delegated federal legalization or decriminalization to his running mate, which is a good thing: who can ever forget her voicing her support during her debate with VP Mike Pence. While I was always voting for the Democratic cannadates, her public stance put a lot of my fears to rest on that topic.

As we live through this pandemic, a lot of the country's ugly side has been exposed whether driven by anger, frustration, massive unemployment and/or lack of leadership. For the Munkey family and Cannabis community, things we took



for granted, like sharing a joint with strangers at a concert or party or dabbing, are history for now as well as showing up at your local polling place to cast your vote on November 3 and not waiting on lines for hours on end.

To help make voting as easy as possible in light of the issues of voting in person, in the NY/NJ area, mail ballots were sent to all registered voters earlier in October and early in person voting started in NY the week of October 24. In NJ, the ballot issue most important to the Munkey family, besides the elected officials like Biden, Cory Booker and others, if you TURN THE PAGE you'll see the first referendum question which is to legalize adult use of Cannabis in New Jersey. We implore all our NJ family to please do that and spread the word.

When this issue comes out, it will be very close to election day. If you still haven't mailed your ballot, as long as it's postmarked by November 3, it will be counted.

As I said earlier, this endless campaign has left me exhausted. Regardless, I'm still energized to exercise my right to vote (full disclosure, I mailed my ballot in the day I got it and was able to track it being received by the Clerk's office) and urge you all to as well.

Whoever you vote for, VOTE. And then we can all twist up a fatty to celebrate that our system works.



The State of Oregon is a true pioneer when it comes to public policy, and that includes cannabis policy. Federal cannabis prohibition began in the United States in 1937, and it wasn't until 1973 that the first state in the nation decriminalized cannabis for personal use. That state was, of course, Oregon.

Oregon was the second state to legalize cannabis for medical use in 1998 after California voters approved medical cannabis two years prior. Only Washington State and Colorado legalized cannabis for adult use (2012) before Oregon did (2014).

When Oregon voters approved cannabis legalization via Measure 91 roughly 6 years ago, provisions in the measure required that a certain percentage of cannabis industry taxes go towards Oregon's public school fund. At that time, school funding was lower than it is now, and cannabis industry tax revenues in Oregon have smashed initial projections.

Back in 2014, economists estimated that Oregon's legal cannabis industry would generate roughly \$40 million annually. Current tax revenues from Oregon's cannabis industry are over \$130 million annually, and still rising. That, combined with the recent passage of a massive school funding bill in Oregon, creates a potential opportunity for some of that excess cannabis tax revenue to go towards something else.

The same campaign that successfully pushed for cannabis legalization in Oregon put another measure on the ballot for the 2020 cycle. Measure 110 is the first-of-its-kind in the nation. The measure would decriminalize personal

possession of all drugs, and treat substance abuse as a public health issue rather than a criminal justice issue.

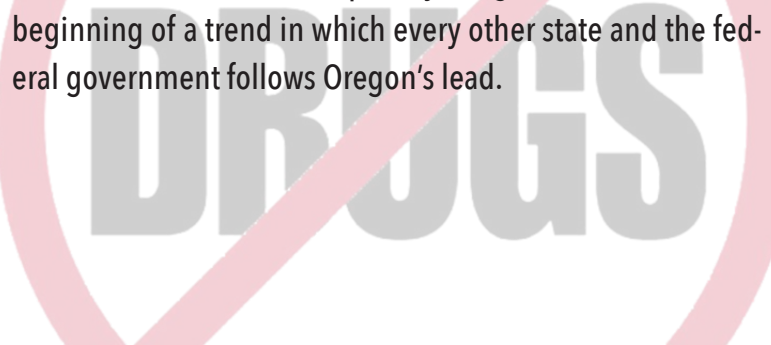
Under Measure 110 if someone is caught with a personal amount of a controlled substance (not cannabis, which is com-

pletely legal in Oregon) they will be subjected to a fine instead of arrest, and they can forgo the fine if they enter into treatment. That's where Oregon's cannabis tax dollars come in.

Cannabis tax revenues would be capped at \$45 million, which is still above initial projections, and excess revenues would fund substance abuse treatment programs. The War on Drugs is a war on people, especially People of Color. It is no secret that the Drug War has had a disproportionate impact on Communities of Color, and Measure 110 will fix that.

"Measure 110 doesn't raise any taxes as it uses existing excess cannabis tax revenue and law enforcement savings to allocate more than \$100 million per year to fund treatment and recovery programs that will include access to drug treatment, peer recovery, transitional housing, job training, and harm reduction interventions." says Measure 110 Chief Petitioner Anthony Johnson. Anthony Johnson was also the Chief Petitioner for Oregon's cannabis legalization initiative.

The War on Drugs is the backbone of institutional racism. It is used as an excuse to inflict immeasurable harm on Communities of Color. Hopefully Oregon's measure is the beginning of a trend in which every other state and the federal government follows Oregon's lead.



Gov. Polis Automatically Pardons Thousands of Marijuana Convictions

Today Colorado Governor Jared Polis used his authority under recently passed legislation to automatically pardon 2,732 low-level marijuana possession convictions.

Last Prisoner Project congratulates Governor Polis and all the lawmakers and advocates that made this mass pardon a reality. Clean slate initiatives are incredibly important, particularly in states that have legalized marijuana and are seeking to undo the collateral consequences of unjust marijuana policies of the past.

Because the automatic pardon process places the burden on the state to identify and remove the convictions rather than on the individual seeking relief to navigate a complex petition process, this helps to eliminate the "uptake gap" which results from petition-based expungement processes.

The benefits of this kind of broad, bipartisan clean slate legislation are clear. We Polis is only providing relief for

such as a nonviolent possession charge, carry lifelong consequences. Those with criminal convictions on their records have difficulty finding housing and employment,

and in some states even social assistance programs are inaccessible to individuals with drug felonies on their record. One in 13 Black Americans of voting age is disenfranchised due to a felony conviction, a rate four times greater than that of non-Black people, and many of these convictions are for drug crimes that have been disproportionately prosecuted against people of color.

But clean slate legislation is only the first step in attempting to repair the past harms of the failed drug war--and it must be done right.

By limiting pardons to those who have the lowest level of cannabis misdemeanors, Governor

Polis is only providing relief for

know that a criminal record acts as a huge barrier to all aspects of an individual's life. Even minor offenses,

such as a nonviolent possession charge, carry lifelong consequences.

Those with criminal convictions on their records have difficulty finding housing and employment,

and in some states even social

assistance programs are inac-

cessible to individuals with drug

felonies on their record. One in 13

Black Americans of voting age is

disenfranchised due to a felony

conviction, a rate four times greater

than that of non-Black people,

and many of these convictions are

for drug crimes that have been

disproportionately prosecuted

against people of color.

a fraction of those harmed by unjust drug laws. And we know in Colorado, as in the rest of the country, enforcement of these laws disproportionately falls on communities of color. Additionally, by time-barring who is eligible for an automatic pardon, the process will further leave out those (again disproportionately communities of color) who were unable to take advantage of the regulated market post-2012 due to the numerous barriers to entry into the legal industry.

While clean slate initiatives are a necessary part of redressing the past harms of the drug war, they do nothing to provide retroactive relief for those still serving lengthy sentences for nonviolent marijuana offenses in now legal states like Colorado. If progressive lawmakers truly want to show that their state has "come to terms" with discriminatory prohibitionist laws of the past, then we need to push forward mechanisms for encompassing a much broader segment of the population--including those still incarcerated--left suffering from these unjust laws and policies.

To find out if you received a pardon under the new order you can go to comarijuanapardons.com.

- Sarah Gersten

DO YOUR PART! BECOME A 420 IMPAC MEMBER TODAY!



What is 420 IMPAC?

*420 IMPAC is a bipartisan hybrid SuperPAC (federal 527 Political Action Committee) incorporated as a not-for-profit in Oregon. 420 IMPAC makes its contribution and expenditure decisions solely on the basis of support for interstate trade in cannabis, not party.

What is 420 IMPAC's mission?

*420 IMPAC's mission is to make real change in the composition of Congress to achieve meaningful federal cannabis reform on behalf of millions of medical patients, veterans coping with PTSD, and adult-users across the United States. While many policies have changed across some states, the purview of the federal government is interstate trade, and its prohibitionist stances raise costs for those who need it the most while perpetuating the opioid epidemic. Our advocacy is to end the outdated policy of cannabis prohibition.

How will 420 IMPAC use your financial support?

420 IMPAC will serve as the primary electoral advocacy arm to accomplish the mission stated above. Our political arm will support and oppose Members as follows:

1) Champion Members. Champions of interstate federal cannabis

reform receive strong independent expenditure support and maximum contributions from us. To be clear, interstate commerce means the full descheduling of cannabis and regulation of interstate commerce.

2) Evolving Members. Members that have evolved on cannabis issues by vote and word over a 5-year period, receive contributions from our PAC. Measures we associate with evolution are all pro-cannabis legislative measures, from appropriations amendments to full legislative measures.

3) Prohibitionists. 420 IMPAC will target members of the House or Senate who by vote and words remains a cannabis prohibitionist, and ensure that member loses their seat through direct contributions to opponents and through independent expenditure campaigns.

Part of "completing our mission" is ensuring that every prohibitionist in Congress ends up like former Representative Pete Sessions, or becomes an Evolving Member.

The general election is over this month, but the fight for cannabis legalization still pushes on! Please do your part and become a 420 IMPAC by clicking [here!](#)



420 IMPAC

The first and ONLY hybrid Super PAC focused on electing Americans to Congress who will vote to federally legalize adult-use cannabis

Help us create real reform in American's cannabis policy. Chip in today!



Paid for by 420 IMPAC

LATINXS EN CANNABIS

Welcome Back Happy Munkey Fam! The Happy Munkey crew is bringing you another volume of standout Latinx individuals in the cannabis industry. We are big believers in giving people their flowers while they are here, but with that being said this is not by any means an end all be all kind of list. There are a lot of Latinx people making huge strides in the cannabis industry and we plan to continue shining light on our entire Latinx cannaFam in future issues! Until then please enjoy our third installment of "Latinx En Cannabis"

Antunette Gomez

Antuanette is the founder and CEO of Pleasure Peaks, the leading Canadian cannabis brand for improving women's sexual health. She is also a full time cannabis consultant and a proud public speaker on cannabis and its cross-section with sexual, women and minority issues. Antuanette is also an alumnus of the Happy Munkey Podcast, having graced us with an appearance on the Boulevard during episode 31!

Stiven Fernandez

Stiven is currently the Tableting Lead for 1906 New Highs a premium edible company revolutionizing people's relationship between self care and cannabis. Owned by parent company New Cannabis Ventures, the 1906 New Highs team with the help of Stiven has become Denver's fastest-growing edible company and has plans to rapidly expand to Maryland and Oklahoma!

Candy Angel

Candy is a proud Mexican and is the marketing director for WeedMaps, undoubtedly one of the culture's most recognizable brands, helping people find, share, engage with, and review cannabis products, dispensaries, and companies for years! I met Candy in Baltimore during the Cannabis Science Conference in 2019 at the Weedmaps booth, and since then I have watched her and the Weedmaps team continue to dominate from coast to coast!

Jorge Letma

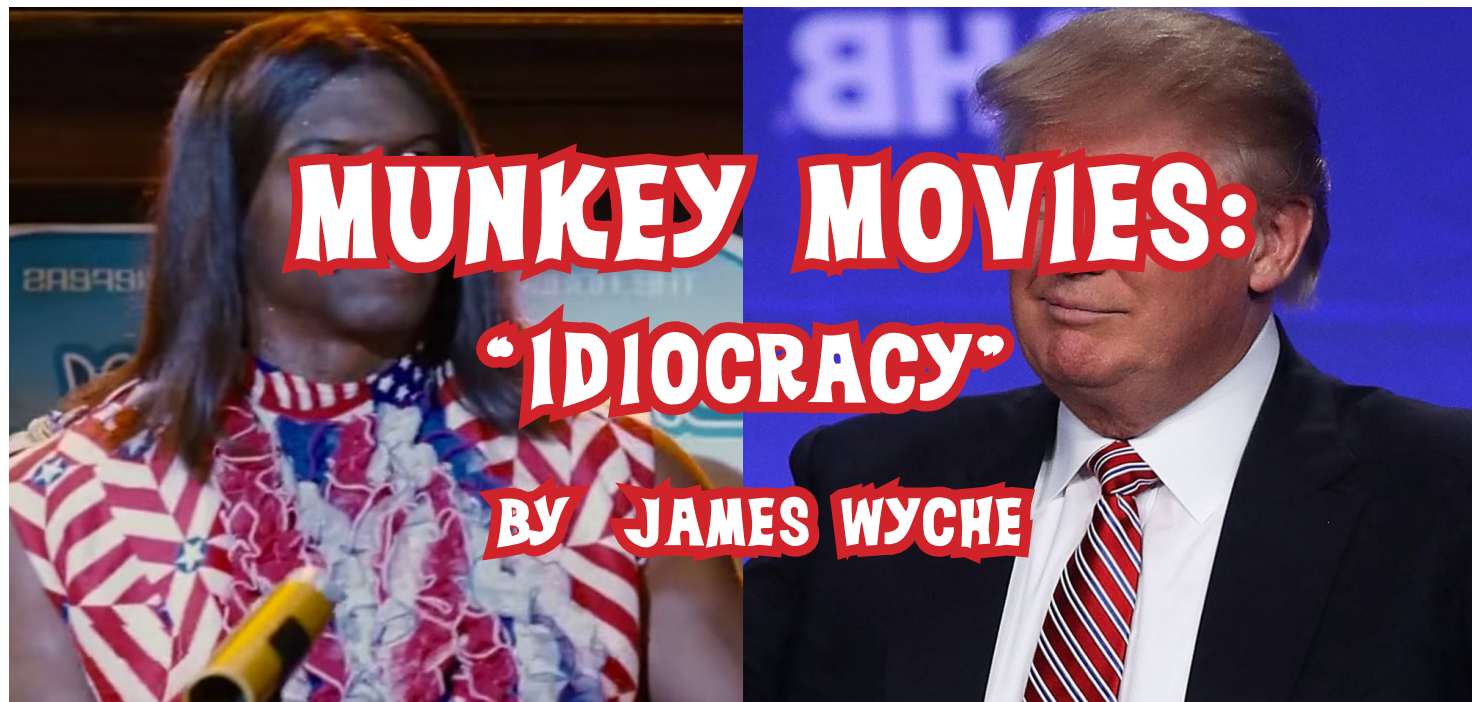
Jorge is the Horticultural Scientist for Viridis Laboratories in Lansing Michigan! With a degree in cannabis Horticulture from Michigan State Jorge is responsible for testing the majority of the flower and cannabis products produced for medical and recreational retail in the state of Michigan. Jorge is an innovative force pushing the envelope and helping set the regulatory testing standards for not only Michigan, but for the rest of the country! My first time meeting him he expressed the need for more Latinx people on the science side of cannabis, and hopes he and people like him can inspire more people to join the field!

Ramon Reyes

Ramon Reyes is the co-founder of Happy Munkey, co-host of the Happy Munkey Podcast, cannabis advocate, and proud Dominican hailing from Washington Heights, New York City! With over 20 years of cannabis experience ranging from helping pioneer the consumption experience behind Happy Munkey, to legacy market operating Ramon has been a lifelong embodiment of the Happy Munkey saying, "We don't do it for the Clout, WE do it for the Culture"!

Bunny Might GameU

BunnyMightGameU is a world known video game streamer, recording artist, cannabis enthusiast, and proud Dominican! Long before the days of quarantine and zooming Bunny has been cultivating an active presence in the world of gaming and Twitch! In addition to breaking the stigma surrounding women playing video games, Bunny has been a lifelong cannabis advocate that has continuously crossed streams between cannabis and the gaming world!



What's up Munkey Fam, it's your Baltimore representative James aka Spicy. Hope everyone is doing well and staying medicated; this month's theme is the Election! Throughout this entire election season, I've wanted it to end the moment we found out our two candidates. All I'm going to say is I wanted Bernie but we can't have nice things. You're not here for the opinions of one man's political beliefs; there's enough news shows and podcasts for all that. Instead, I'm going to review a movie that I think perfectly encapsulates our political climate and that is Mike Judge's 2006 film "Idiocracy".

The film follows Joe Bauers played by Luke Wilson, an average Army librarian who is chosen for a government experiment involving being cryogenically frozen for a year. Along with Rita; played by Maya Rudolph, a prostitute who's a part of the experiment solely to save herself from jail time. While they're both frozen, the experiment is forgotten and instead of a year, they're both left frozen for five hundred years. During that time the collective IQ of the human race has dropped so drastically because stupid people have procreated too much and the intelligent people didn't procreate enough. Also, the economy has collapsed, there's another dust bowl and the trash has been piled so high up that it eclipses buildings. The great

trash avalanche allows Joe and Rita to finally move for the first time in 500 years. Once Joe realizes that even as an average man he's the smartest person in the room, it worries him. He's arrested and tried for not having a tattooed barcode which is the form of identification in this fictitious America. Joe's lawyer is a man named Frito played by Dax Sheppard and after doing a terrible job of defending Joe, he's forced to get an ID tattoo and is renamed "Not Sure". Meanwhile, Rita is thriving by realizing that men have become even more stupid thus making it easier for her to make money without having to have sex with anyone.

After escaping prison by literally asking to leave after taking an IQ test, Joe finds Frito and finds out there's a time machine. Joe, Rita, and Frito journey to find the time machine that is located at a Super Costco, which is so big that it has a train system to get around the store. While at the store Joe is arrested after being identified and is taken to the White House. Once there he meets President Camacho played by Terry Crews, he's described as a former UFCWWF competitor and retired pornstar. Joe is named to Camacho's cabinet because his IQ test confirmed that he is the smartest person in the world. Camacho in his "State Of The Union" address said that Joe would be able to solve all their problems in one week.

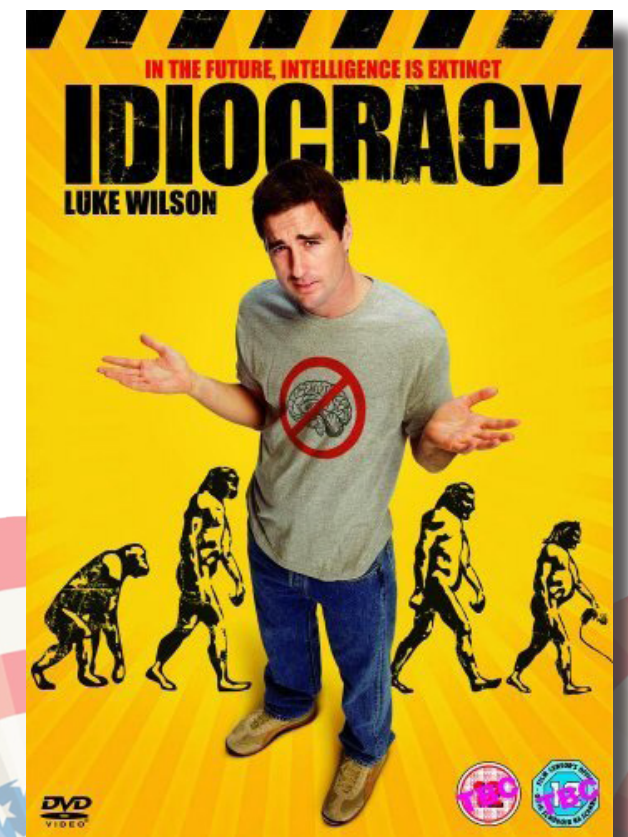


When trying to figure out the drought crisis Joe finds out that instead of water being used to hydrate the crops a Gatorade-like sports drink called Brawndo "The Thirst Mutilator" is being used. We come to find that the Brawndo company became so powerful they were able to convince people water was bad and the company purchased the FDA, FCC, and USDA. After convincing his other cabinet members to use the water from toilets to put through their irrigation system, Joe is confident the plan will work. Although the next day there are riots in the street because in one day Brawndo's stocks went to zero and a majority of people in this world work for the company and they were fired from their jobs. Joe is arrested and is sentenced to death by monster truck rally.

After defeating the monster trucks, Frito and Rita were able to show on monitors in the arena that Joe's planned work and the crops were growing. It's because of this breakthrough that Joe is voted in as President with Rita as his First Lady. They go on to have kids who are considered the smartest kids and family in the United States. I have never seen this film before but after viewing it there are various similarities to this fictional world to real-life 2020 America.

The president alone being someone from pop culture who rose to power because of the stupid people in society.... need I say more. Throughout the movie the channels on the televisions were wild. They had the masturbation network that doesn't show porn, a show called Ball Crunchers which is about a guy just getting hit in the balls the entire

time. Also, I saw real comparisons between Amazon and Brawndo in the movie. Brawndo is this all-powerful company that was able to convince people that water was bad and take control of some of the most important agencies when it comes to food and beverage. With Amazon in the real world, it feels like every day a new service is unveiled whether it be Amazon streaming, credit/debit cards, all the way to having your groceries delivered to you. As time goes on I hope checks and balances will be followed a bit more strictly because if you don't think Jeff Bezos could become a Lex Luthor type of villain in the future you're sadly mistaken. It's sad to say but I can see in the future intelligence may fall because in the present day we have technology that can get you any information you want in seconds without having to open a book or do research. This is how "fake news" has become a thing no one wants to fact check anything before posting it online. Also, we all know that dumb person whether male or female that just procreates without any planning or support. Thus leading to more dumb people to be born in the future. With all that being said please Vote this November!





HAPPY MUNKEY TALK: GIA MORON

PRESIDENT OF WOMEN GROW

This month, Ramon And Vlad go straight to the Boulevard with CannaBoss Lady and Women Grow President, Gia Morón To talk all things New York Cannabis. We touch on what New York might look like once cannabis goes legal in the state, and hit on the important to-do's New York has to think about before the Legalization lights go on. Listen to the full episode on Monday, November 16th @4:20EST!

Q: What is Women Grow and what is its goal in the cannabis industry?

A: So women grow, which I think you guys had Jane West on here not too long ago. So Jane West founded Women Grow and it's the largest network for women in the cannabis industry. Its mission is to connect, educate, empower and inspire the next generation of leaders. And so it was founded in Denver, Colorado, and it grew. I went to my first Woman Grow meeting, there were only five black people in a room here in New York City. And so to me, that stood out because how are we in the melting pot and there's only five black people in the room of like 80, 90 people. So that stood out to me. And one of the things that I said is I'm going to do my best to try to diversify the company. And I did that by when I first started going to meetings. I would just I kept inviting people that look like us. Just come out and what I didn't understand for my friends that were consumers, it was real played out that you only consume and that you don't have some kind of professional or business interests in the space. Like however you might want it to be. But at least explore it. So then I started working women grow. And now today, one of the things that



I've been very intentional in doing over the years is finding people not just that look like us, but that are reflections of our society. So, you know, identifying Asian women in the industry like Latinos or whomever, but being very intentional about that and unapologetic because when you begin to see reflections of yourself on the other side, it's like that informal invitation. Just like the nods when you walk in a room. because, you know, I think sometimes we hesitate to approach someone that may be of another race in asking questions, not to say that there's sometimes there is a level of intimidation. But when you see someone that looks like you, you feel a little bit more comfortable to approach them. And I think that that's important because otherwise we'll have an industry that will continue to be white dominated, if people think about when Obama was president right before him, no little kid ever thought it was possible to become president. So it's no different in this industry. You said it from the legacy market. Yeah, they look like us. But in the Legal market, No one looks like us. But if we start showing up and filling roles in leadership. Then you can see yourself being a CEO of a multi-million dollar legal cannabis operation. People have to stop being intimidated by being the only one in the room. Be the first one in the room.

Q: What is Women Grow Doing during Covid and Beyond?

A: The pandemic really impacted our business because we are at the end of the day we were an events company. We're bringing people together, live and in person, so we had to discontinue those events, which we did early on. So the first thing we had scheduled in New York was the first women in Cannabis Lobby Day. And we had like close to 200 women registered to go up to Albany to go and lobby for adult use legalization in our state. Then, you know, pandemic hits. But if we can't go there, we certainly can't have events, if we can't have events in New York. We can't have events anywhere in the country. So now that's all revenue that had to stop. And so Dr. Shanda Macias, who is the chairwoman and CEO of Women Grow and I am the president, made the decision to say, all right, well, we got to shut down our program and we have to reassess what do we do. So we took it to social media and we launched something called #adulthomeschooling. we figured a lot of parents were home, home schooling their kids, that it was a great opportunity for them to get home school themselves. So there was a program running out of Green Flower Media, which. we'll have a formal announcement soon that we have partnered with the Green Flower for their online education. So our adult home schooling is coming back because the pandemic is still here, I think in the following winter, a lot of kids are not going back to school. They stay home and a lot of parents are not going back to work. And so it's a great way for them to, you know, brush up their education

and knowledge. So that's what we've had to do. we're using social media as the best way to connect with people. We found that during this time, even more so, people are more connected to their devices. And you're right. We're doing zoom calls and IG Lives, you know, all these other things. So why not stay connected to our community through social media? And so in September 2020, we will be relaunching or officially launching our adult home schooling with online education courses, virtual boot camps, book clubs.

Q: What do you think is the most important thing for New York before legalization?

A: I'd like to see statewide cannabis education. Yes, I would like to see statewide cannabis education in our higher institutions. I believe that. While we're running toward the adult use market. My concern is that will they hire within the state? Are they going to bring outside talent? So I feel like we need to educate our people so that the people that we hire are the very same taxpayers that are putting the money right back into the market. I want to see the city. I mean not just state. I want to see City College have not just a course but a degree. Why not have degrees and certifications of some sort. I think that's important. We have to become educated. You said that right? And so oftentimes I think we're running so fast to legalize. And then our own people don't know where to find the resources or information. And I think New York has a position to really change the course of adult legalization. I think if we take the errors that that have happened in other states and learn from

them and sort of take the pros and cons of each and then create our own unique legalized state. And make sure that women, black, brown, but all diversity, all ethnicities are part of it because other states, they have to go back because they forgot about women and diversity. Like how do you forget that? But they forgot to include them. And so New York can do that from the onset and make sure that we are a partner in this.



Culture Club Wants You to Get Into The Holiday Spirit And Give Back To Your Community!

By Jamie Partida and Amber Wright

What does the holiday season mean to you? If you're like most of us, this year will be very different and we may not have the chance to spend it with family like we're used to. However, the spirit of giving should still live on as it offers us hope for the future. While many of us can get caught up in the gift giving, buying the newest and latest products that come out, that could mean a lot of stress and anxiety during these trying times. We suggest you roll up and light up, take a deep breath in and take a moment to yourself. It's important to take this time and reflect on what the year has taught us and try to find peace from within. The good news is we are here to give you some helpful tips.

Try Experimenting With Cannabis And Food

This holiday season tries to experiment with cannabis infused into your favorite dishes to help you relax. Is there a certain strain you've been wanting to try? Cooking with cannabis doesn't have to be intimidating, just think of it as an exciting new ingredient! Bake a cake or some cookies to snack on, maybe add a little THC olive oil to your savory dish. Yum! Prefer CBD? Try some CBD honey in your morning tea to calm your nerves. A few CBD gummies before your family gatherings will really mellow you out to enjoy the evening.



Remember to Give Thanks To Others And Most Importantly Yourself This Season

Before you create your holiday lists for others, make sure you create a list for yourself. This list can consist of your accomplishments, goals for 2020, things your love about yourself, self improvements you want to acknowledge. Take this time and be thankful for what you have at this time. A lot has happened this year and we need to reflect on good moments and our moments of improvement. After that is done, you can spread the love throughout the holiday season.

How can you give back to your community & volunteer with Culture Club NYC?

A great way to lift your spirits is by giving back and volunteering. Volunteering may be different this year due to the pandemic and making sure everyone is safe. However, there are some ways you can give back while maintaining social distance. You can donate to your favorite social justice organization or non profit, donate your time or safely donate food to a food bank. Culture Club is encouraging all cannabis enthusiasts to be a part of something great by giving back this holiday season. Last year we donated several hours of volunteer service, and hundreds of items were donated such as coats, food, and supplies. Our Virtual Volunteer Event starts November 1st and we will be collecting items for donation in exchange for goodies such as rolling trays, lighters, grinders, glass pipes and more!

Stay tuned for more information by following us on Instagram @cultureclubnyc or online at cultureclubnyc.shop.



Kicks 4 The KULTURE

BY Rozay Jose

Happy Munkey Fam, welcome to the November edition of "Kicks 4 The Kulture!" Since we celebrate Thanksgiving in November, I will give thanks to a couple of creatively iconic sneakers that were inspired by the 4/20 culture. The Most recent 4/20 inspired sneakers released have been a lot more subtle with the colors and patterns used on recent silhouettes. Sneaker brand company's and sneaker designers have been focused more on specific hidden details and the functionality of different materials!

"White Widow" Nike SB Dunk Mid

Released: 4/20/2018

The first pair of sneakers I will highlight and give thanks to is the "White Widow" Nike Sb dunk Mid. I'm thankful that Nike decided to create a sneaker named after one of my favorite and most hard to find weed strains in the world. Released on



4/20 back in 2018, the sneaker was designed by Todd Bratrud and constructed of fresh mint and sail suede, with additional red accents. The colorway and The fuzzy all over the sneaker suede mimics the amazing flower. Todd added an illustrated spider by the insole of the shoe and even placed a hidden stash pocket found inside of the sneakers tongue. Though it is interesting to see a Nike SB produced in the mid top silhouette form, instead of the normal high or low cuts, don't think that by any chance there's anything mid about these!



Jordan 6' Retro Travis Scott

Released: 10/11/2019

The Second pair of kickz I will give thanks to are iconic because it is the first Nike "Air" Jordan sneaker released that took inspiration from weed. The Air Jordan 6 silhouette will always be respected as one of the greatest Jordan's ever released because of the smooth designed look they have and the successful history that Michael Jordan has had while wearing them. Tinker Hatfield initially designed the Air Jordan 6 sneaker, but recording artist Travis Scott was able to revolutionize the sneaker with the help of Nike and the Cactus Jack campaign. Travis Scott went ahead and made his own version, with marijuana green suede all over the sneaker.

Travis also added small stash pockets by the sneakers ankle areas, a feature that was never placed on previous Jordan silhouettes. Adding to greatness, the sneakers feature a midsole that glows in the dark. This is without a doubt the most trippy air Jordan to be released as of yet.



In conclusion, you never know what designers and sneaker companies have planned next when it comes to sneaker concepts. One thing that is for certain, is that sneaker companies and designers are going to continue to produce more unique designs and will continue to seek influence from different cultures, events places and things. I am thankful for the production of both sneaker silhouettes shown above and even more thankful to grow up at a time where sneakers are designed to have a meaning. Hope you all enjoyed this edition of Kicks 4 the Kulture and have an amazing November!



Photos by Jordan Hiraldo Of The Weekend Warriors

The Dopest People In Cannabis, Vol. 2 - Seun Adediji

Two weeks ago I had the opportunity to support my boy, Seun Adediji, attending the grand opening of his dispensary Elev8 Cannabis in Athol, Massachusetts and had the honor of being the first person to make a purchase when he opened his doors. His accomplishment was historic in a number of ways. Not only is Seun the youngest black man in the country to own a dispensary, but he has built a multi-state operating cannabis business that spans from east to west coasts with dispensaries in both Oregon and Massachusetts, and was only the second black owned retail location to open its doors in the state.



Seun is one of the most modest, hard working, thoughtful, kind and worst Monopoly playing people that I've gotten to know. His motto at Elev8 Cannabis is to treat everyone like gold and he truly embodies that. We met about a year and a half ago a little before I started in my role at the National Cannabis Industry Association. At the time he had already been operating in Oregon and held the accolade of being the youngest in the game and I was just getting started. I reached out to him cold on LinkedIn telling him that I had just applied for a license and had dreams of doing it big in the cannabis industry and wanted to connect and he took my call. I'm happy that we've gotten to know each other well, and become close friends in such a short amount of time since that first conversation. It's been said many times before that if you're the smartest person in your crew you might need a new one so I'm thankful to



I usually would have been attending Howard Homecoming this week so making the road trip from Maryland up to Massachusetts gave me the black family vibes I was missing. Feeling the comradery of brothers and sisters that traveled from Texas, Georgia, New Jersey, Pennsylvania, New York, Michigan and around the country to celebrate the momentous occasion along with my bro's joy, knowing the years of sacrifice that he put in to get there was beautiful. As the day wound down I couldn't help but be proud as I looked around struck by the dichotomy of this young black man legally selling Marijuana with lines wrapped around the store in the ninety-six percent white town of Athol to the jubilant praise of its community leaders who also attended the ribbon cutting. Blacks own less than 5% of licensed cannabis business in the United States and are almost 4x more likely to be arrested for the same plant, while the legal industry is projected to bring in \$30 billion in revenue by 2025. In Massachusetts alone they've tallied \$972 million in retail cannabis sales since the launch of the adult use cannabis program in November 2018. Statistically everything we know about the current state of the legal cannabis industry says he shouldn't be here. He immigrated to this country from Nigeria, was arrested for cannabis at a young age, doesn't have a prestigious university on his resume, but elevated himself to achieve what they say can't be done. I want to be clear this is not just a Black one, but a classic American Success story in the making. Growing up in the 90s I was inspired by Puff and Jay-Z in awe of the dynasties they built with Bad Boy and Rocafella. We're still in the early innings of the cannabis industry, like they were then in Hip-Hop and witnessing the "release of Reasonable Doubt" in real time as Seun builds Elev8.

- Tahir Johnson

Tahir Johnson is the Diversity Equity and Inclusion Manager at The National Cannabis Industry Association and host of The Cannabis Diversity Report podcast. Text me at (202) 952-1146, connect with me on LinkedIn, follow @tahdiddy on Instagram and Twitter, for more cannabis and investing insights.

*Opinions are my own and not the views of my employer



Elev8

CANNABIS

Supporting Black & POC Owned Cannabis Brands



That's why, in addition to lobbying for marijuana justice and contributing both time and money to causes that advocate for social equity, we created a Black & POC Owned topic on BudsFeed.com. If buying Black or supporting Black-owned organizations is important to you, we invite you to use this as a resource. And if you are a Black or POC owned business, promote your product for free and seed it on BudsFeed! This topic should be exponentially bigger and we invite you to be a part of it. Here is just a handful of the incredible Black & POC Owned organizations you'll find on BudsFeed.com today:



Happy Munkey - Of course we have to give some love to Happy Munkey, stewards of New York cannabis culture. Happy Munkey is the brainchild of Vladimir Bautista, Ramon Reyes, and David Hernandez. They create original content, digital and in-person experiences, and original merchandise for the cannabis community.

Cannaware Society - Founded by Grizzly Bocourt, Cannaware Society seeks to educate and raise awareness about the many benefits of cannabis while bridging the gap between the culture's community and the industry. Cannaware Society provides information and curates unique social experiences as well as educational events for the cannabis community to network, learn, and grow.



BlueDream Radio - Cannabis is on the precipice of legalization in the United States and BlueDream Radio host Freedom Love – a cannabiser, cannapreneur and community activist – demystifies cannabis and gives the tools to succeed in the industry to those same communities who have been criminalized for it for decades. Listeners will embark on a journey through history, music, kitchens, doctor's offices, gardens, interviews with industry leaders of all colors, with the goal of destigmatizing cannabis in the United States and throughout the world.

On The Revel - On The Revel curates educational experiences for those curious about opportunities in legal cannabis because they believe the cannabis industry can be inclusive, diverse, and provide opportunities for all. Founded by Jacobi Holland and Lulu Tsui, and supported by a tremendous team of subject matter and communication experts, OTR creates some of the best and most welcoming in-person and digital events in the cannabis industry.



Ardent - Ardent makes devices that make it easy to decarb cannabis with the click of a button, and make delicious edibles and other infusions. Founded by Shanel Lindsay, who began to using cannabis medicinally as an alternative to pharmaceuticals for treating pain and inflammation, the ardent has gone from category newcomer to the industry standard in just a couple years. Just ask any cannabis chef what their favorite kitchen device is, and don't be surprised if it's something from Ardent.

Viola - Viola was founded by Al Harrington, a former NBA player who was a first-round pick in the 1998 draft. Harrington went on to play for 16 seasons, and became personally aware of the medicinal benefits of cannabis after suffering complications from surgeries towards the end of his NBA career. But the original inspiration for starting a company came from Al's beloved grandmother who suffered from glaucoma and diabetes. Her name is Viola. The rest, as they say, is history.



Cannakits - Cannakits are all-in-one joint rolling kits for smokers on the go, invented by Krystal Moore in Los Angeles. Inside each Cannakit is a mini grinder, mini handmade clay ashtray, RAW tips, Element Rolling Papers (with a magnetic backing), and a mini Bic lighter with wax string. It truly has everything you need to roll the perfect joint—wherever you go!

Visine Queen - Visine Queen is a positive platform for women and all who express themselves through cannabis, and identify with the plant. Recognized as one of the first brand's creating artwork for urban women who smoke, Visine Queen has now grown into hosting curated cannabis events, in addition to their one-of-a-kind artwork and merchandise.



Munkey Munchies: Gotham Burger Social Club



Welcome back to another edition of Munkey Munchiez Happy Munkey Fam! This month's installment goes out to all those FOMO-Fiend stoners like myself out there, with savory Munchiez always on the brain! I am talking about none other than the life-changing Smash-Burgers hand crafted by the "Gotham Burger Social Club" (GBSC for short)! I was put on to their magic sometime late August by our friends at the Astor Club, when over a joint we discussed what we considered to be the "Best Burger in NYC". Spoiler alert, we couldn't pick just one, however one that stood out more than the others was the GBSC Smash Burger!

For those of you reading this who have not had the pleasure of having a Smash Burger, let me put you on! For starters Smash Burgers are not an everyday thing, GBSC pops up in different locations around the city



serving fresh patties until they run out. So it is of the utmost importance that if you plan on getting this little slice of heaven you have to get there early! Once you actually make it to their popup, you will most definitely be welcomed with a line and the smell of all-American goodness being cooked on a flattop grill. As you get closer to the front to place your order you see The GBSC team prep perfectly round balls of premium quality chuck beef sourced from New York Valley Waygu! Those balls are then thrown on the grill, and thin white onions are placed on top. After a few moments Mike, the resident grill master, smashes down the balls to make their iconic ultra thin Smash Burger. The next steps include adding a single slice of American cheese and serving the thin burger on a potato roll with a small squirt of mustard, ketchup, house sauce, and two dill pickle chips.

My go-to order is a single and a double, but regardless of what you choose from the first bite you will be sold. The meat is light and delicious with every mouthful tasting like the quintessential American fast-food burger. Shoutouts to Mike and the Gotham Burger team! Y'all are definitely holding us stoners down with the elite hand crafted munchies! Make sure to follow them on Instagram at @GothamBurgerSocialClub to get details on their next outing!

-David Hernandez



Photographs by Sebastian Carosi
(@Chef_sebastian_carosi)

Celebrating Sanna CBD: Looking Back On 2 Years of Happy Munkey Love

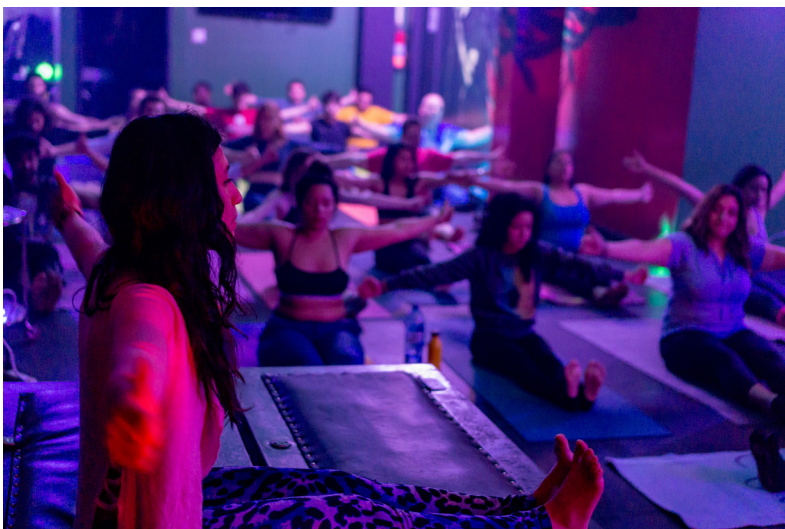
By Salam Diri & Estefania Valencia from SannaOhana Yoga & Wellness

November is a very special time of the year for SannaOhana Yoga & Wellness. We celebrate our 3 year anniversary all month long and our 2 year anniversary in collaboration with our great friends at Happy Munkey!

Why did Happy Munkey and SannaOhana decide to create together?

Coming from immigrant homes and communities where the majority of the time the parents are working, there is little time to focus on self care. Understanding the medicinal value of the Cannabis plant along with its connecting energy led us to want to combine our message of community, culture and wellbeing.

The Happy Munkey and SannaOhana family both recognized a need to bring mindfulness to the homes of our urban communities, starting with our own families. Through Cannabis education, breathing, yoga, meditation and alternative self healing modalities such as cannabis use, we began to empower our people to take their wellbeing into their own hands.



Happy Munkey & SannaOhana saw the same problems - lack of education about the Endocannabinoid system and how to properly and safely medicate with THC/ CBD and other cannabinoids and terpenes.

Our underrepresented communities have been affected by generations of misinformation and negative stigma which in turn has led them to steer away from cannabis as a medicine leading them to fall into a harmful cycle of unhealthy habits and

prescribed pharmaceuticals and addictions which never fix the problem, only mask it and make it worse.

We created a one of a kind Happy Munkey Sunday Yoga experience that was a hit! Many people that would have never tried a yoga class got to tap into themselves

at a deeper level using cannabis yoga as a gateway to their health. They also joined a cannabis friendly community of similar minded people that want to heal and connect. We created an experience to stimulate the Endocannabinoid system in different ways, not only consuming cannabis but through dancing, soulful house music, laughter, aromatherapy, massage therapy and healthy Infused desserts.

Nothing like that has ever been done before for our people. Instead, our communities were always encouraged to stay away from Cannabis because of not only fear of its side effects but also, because of the legal consequences of being caught with it.

Meanwhile scientists and researchers across the world are showing us about this magnificent system in our bodies, the Endocannabinoid System, which is responsible for modulating the rest of our bodily systems in order to maintain balance. Proof that the Cannabis plant can have a profound influence on the homeostasis of our bodies.



Our Happy Munkey fam and SannaOhana saw the need to create a space where we would be able to take care of the communities where we came from and those that we will integrate ourselves into in the future. We believe in changing the stigma of the typical stoner and creating a more connected and intentional self healing being that does not only just heal themselves but also the people around them. We share a vision with Happy Munkey for everyone to be healthy and happy and to experience a truly positive cannabis culture.



Photos by Origino Of The Weekend Warriors



from 135th street all the way up to 155th and is sandwiched by St. Nicholas Avenue and the Hudson River. Now that you got the lay of the land, let's take it from the top.

On a trip down from Washington heights, I had a few joints of a strain called Paul Bunyan I was tryna dispose of, so I took a turn to Riverside on 157th street and lit one up. As I walked downtown I passed by



Trinity Church Cemetery, which was an extension to Trinity church that's built down in the Financial District. It also served as my old smoke spot way back when I was an edgy teen rocking metal band shirts. I'd try to relive some old times but I had other things on my mind so I pushed on. To my right was an overlook of the Hudson River, where you usually get a crystal clear view of New Jersey from the Washington bridge to downtown. I stopped for a moment to try and see Jersey but it was a rainy day in the city so no luck for me.

Further down the path is a small park and at the center is a huge monument of a man's silhouette. This park is dedicated to Ralph Ellison, a former resident of the neighborhood and author of one of the most influential books I've ever read, "The Invisible Man". No, not the one about the actual invisible man but the existentialist novel of Black invisibility in American society. I used to read his book in his park when it was given to me in highschool, and now I always stop and reflect on some of the gems hidden inside those pages. After a rain soaked moment, I made my way up the massive hill to Broadway.

This week I'm correcting a huge oversight on my part. Now I always talk about how I'm from uptown but I have yet to take you guys through the neighborhood I hail from. I'm from a place called Hamilton Heights or Hungry Ham as some call it, which is where Harlem and Washington heights meet, and if you were wondering yes it gets its name from that Hamilton, as this was where Alexander Hamilton spent his last to years on 143st and Convent Avenue. It starts



As soon as I hit the ave, I was greeted with the sweet hip moving rhythms of Dominican Dembow music and the humming of clippers coming out of a local barbershop. COVID or not Dominican barbershops are always a party, where they put you on to the fire music coming out of the Dyckman clubs. Oh and you better not be in a rush because you ain't leaving that chair without hearing at least one life story.



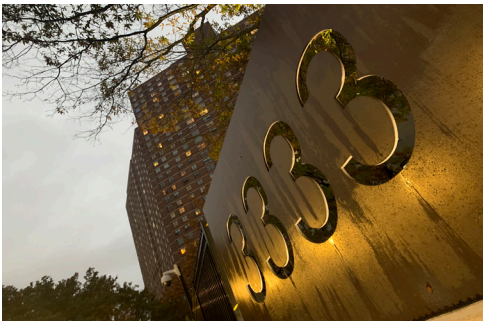
As I walked down the ave, my first joint was but a small ember, so what better way to light the next one. I strategically fused the cherry from one joint to the other, all under a tiny umbrella, now that's what I call talent. At this point I find myself on 145th street, in front of that McDonald's Jay-Z talks about in "Empire State of Mind", and I look down the hill to see Riverbank State Park. Home to one of the best ice skating rinks and public pools in the city (I went to summer camp there so I might be biased). Opposite that is Amsterdam

and the start of Sugar Hill which was the most affluent part of Harlem back during the Harlem Renaissance. Its name comes from its residents living the "sweet life," with former residents as Duke Ellington, Thurgood Marshal, W. E. B Du Bois, and many more. A few blocks down on 138th is City College, the first public college in the US and still one of the best engineering and computer science schools in the city.

Around here you can get some pretty good Dominican food and cheap pizza, But there aren't as many spots as there used to be. One such place to disappear is Olga's Pizza, which is the pizza I hold above all others, it's a taste of my childhood lost to time. Although Hamilton Heights is a bustling neighborhood it isn't exempt from the horrors of gentrification. It literally hits home for me because a lot of the places I use to hold near and dear in my childhood are being replaced with cookie cutter franchises and artisanal restaurants and bars. Now I do feel there is room for growth and change in a neighborhood, but when the new displaces the old without a cultural exchange, it's hard to see the silver lining.



As I ash out my jay on the side of a mailbox on 135th, I find myself staring up at these imposing brown towers I know so well. This is 3333 Broadway, though it's facade may look like the Ps (the projects) . It's a community apartment complex, and unless you want to catch some static with the residents, you better come correct. At one point in time this used to be a very tense block to be on, with a lot of action from both the police and the local dealers, so suffice to say it was very hard to cop weed sometimes. And in the heart of this once furious Harlem jungle lives the sweetest old lady with the most delicious recipes, my Grandma Ana. To this day those Tostones & Salchichon (fried plantains & spanish salmi) from Tower C hit different, and are always a good end to a journey through Hungry Ham. See you guys in the next adventure and make sure to pack your Dutches.





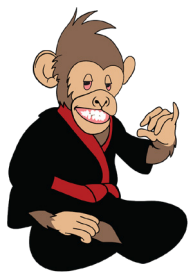
ART BY NOAH GONZALEZ
@NOAHGONZDRAW

WE ARE ALWAYS LOOKING FOR NEW HAPPY
MUNKEY ART! IF YOU'RE FEELING INSPIRED
DEFINITELY MAKE SURE TO REACH OUT TO
INFO@HAPPYMUNKEY.COM

Smacktography



Photography by Calvin Schneider (@ElCalvador)



CREDITS



EDITOR IN CHIEF: DAVID HERNANDEZ (@DAVEHV)

PROOFREADERS: YVELISSE VIERA, TIFFANY VIERA, LIBBY MCGEE, DANIELLE BRIGGS

CONTRIBUTING WRITERS: DAVID HERNANDEZ (@DAVEHV), RAFAEL HERNANDEZ (@RAFAELHPHOTOS), HARRY SHUREK (@MYCANNABISACCT), SEBASTIAN CAROSI (@CHEF_SEBASTIAN_CAROSI), ESTEFANIA ESTEVAL (@SANNACBDYOGA), SALAM DIRI (@SANNACBDYOGA), JUSTIN JOHNSON (@BUDSFEEED), JOHNNY GREEN, JOSE CUEVAS (@EVERYBODY_LOVES_ROZAY), SARAH GERSTEN, JAMES WYCHE (@SPICEISALWAYSNice), JAMIE PARTIDA, AMBER WRIGHT, TAHIR JOHNSON, HEATHER CARTER (@LOUD.SOCIAL)

CANNASCOPIES BY @ASTROGTAROT

CONTRIBUTING ARTIST: DAVID HERNANDEZ (@DAVEHV), RAFAEL HERNANDEZ (@RAFAELHPHOTOS), BRITTAINY NEWMAN (@BNEWMANPHOTO / THE NEW YORK TIMES), MILO FYNN (@MILOFYNN), ORLANDO MATEO (@ORIGINO_), RICO VIERA (@RICOVBANKZ), SEBASTIAN CAROSI (@CHEF_SEBASTIAN_CAROSI), JORDAN HIRALDO (@JORDANHIRALDO), NOAH GONZALEZ (@NOAHGONZDRAW), CALVIN SCHNEIDER ([HTTPS://WWW.CALSCALLECTION.COM/](https://www.calscallection.com/)), OLIVE J. MEDIA (@OLIVEJMEDIA)

COVER BY DANIELLE BRIGGS (@DCBFARTS)

**YOU CAN REACH US AT [INFO@HAPPYMUNKEY.COM](mailto:info@happymunkey.com) WITH ANY
QUESTIONS, CONCERNS, SUGGESTIONS!**

